Medications to Discontinue Before Surgery

Please do not take any of the following medications for at least 7 days prior to surgery!

**Dietary Supplements**
Please stop taking any type of dietary supplement immediately.

**Non-Steroidal Anti-Inflammatory Drugs (NSAIDS)**
Advil, Aleve, Anaprox, Ansaid, Arthrotec, Bextra, Celebrex, Daypro, Diclofenac, Ibuprofen, Indocin, KetoProfen, Lodine, Mobic, Naprosyn, Naproxen, Toradol, Relafen, Vicoprofen, Vioxx, Voltaren

**Medications Containing Aspirin:**
Alka-Seltzers, Anacim, Aspirin, Bayer, Arthritis, Bufferin, Darvon Compound, Ecotrin, Excedrin, Fiorinal, Pepto-Bismol, Percodan

**Estrogen Products:**
All oral contraceptives and hormones replacement therapy

**Anti-Coagulants & Anti-Thrombotics:**
You will need to consult your physician regarding plans for stopping these medications.
Aggrenox, Coumadin, Ecotrin, Fragmin, Halfprin, Heparin, Lovenox, Orgaran, Persantine, Plavix, and Ticlid.

**MAO Inhibitors:**
Nardil (Phenelzine), Parnate (Tranylcypromine)

**Miscellaneous Medications:**
St. John’s wart (please do not take 14 days prior to surgery), Vitamin E, Multi-Vitamins if it also contains Vitamin E

If you are having a cervical or lumbar spinal fusion surgery you will not be able to take NSAIDS or medications containing Aspirin for about 3 months (until your doctor tells you that your fusion appears solid).

**The following medications may be taken prior to surgery:**
Acetaminophen, Darvocet, Darvon, Dilaudid, Duragesic, Fioricet, Lorcet, Lortab, MS Contin, MSIR, Oxycontin, Percocet, Roxanol, Tylenol with Codeine, Tylenol, and Vicodin (Hydrocodone).