

Medications to Discontinue Before Surgery

Please do not take any of the following medications for at least 7 days prior to surgery!

Dietary Supplements

Please stop taking any type of dietary supplement immediately.

Non-Steroidal Anti-Inflammatory Drugs (NSAIDS)

Advil, Aleve, Anaprox, Ansaïd, Arthrotec, Bextra, Celebrex, Daypro, Diclofenac, Ibuprofen, Indocin, KetoProfen, Lodine, Mobic, Naprosyn, Naproxen, Toradol, Relafen, Vicoprofen, Vioxx, Voltaren

Medications Containing Aspirin:

Alka-Seltzers, Anacin, Aspirin, Bayer, Arthritis, Bufferin, Darvon Compound, Ecotrin, Excedrin, Fiorinal, Pepto-Bismol, Percodan

Estrogen Products:

All oral contraceptives and hormones replacement therapy

Anti-Coagulants & Anti-Thrombotics:

You will need to consult your physician regarding plans for stopping these medications.
Aggrenox, Coumadin, Ecotrin, Fragmin, Halfprin, Heparin, Lovenox, Orgaran, Persantine, Plavix, and Ticlid.

MAO Inhibitors:

Nardil (Phenelzine), Parnate (Tranlycypromine)

Miscellaneous Medications:

St. John's wart (please do not take 14 days prior to surgery), Vitamin E, Multi-Vitamins if it also contains Vitamin E

If you are having a cervical or lumbar spinal fusion surgery you will not be able to take NSAIDS or medications containing Aspirin for about 3 months (until your doctor tells you that your fusion appears solid).

The following medications may be taken prior to surgery:

Acetaminophen, Darvocet, Darvon, Dilaudid, Duragesic, Fioricet, Lorcet, Lortab, MS Contin, MSIR, Oxycontin, Percocet, Roxanol, Tylenol with Codeine, Tylenol, and Vicodin (Hydrocodone).